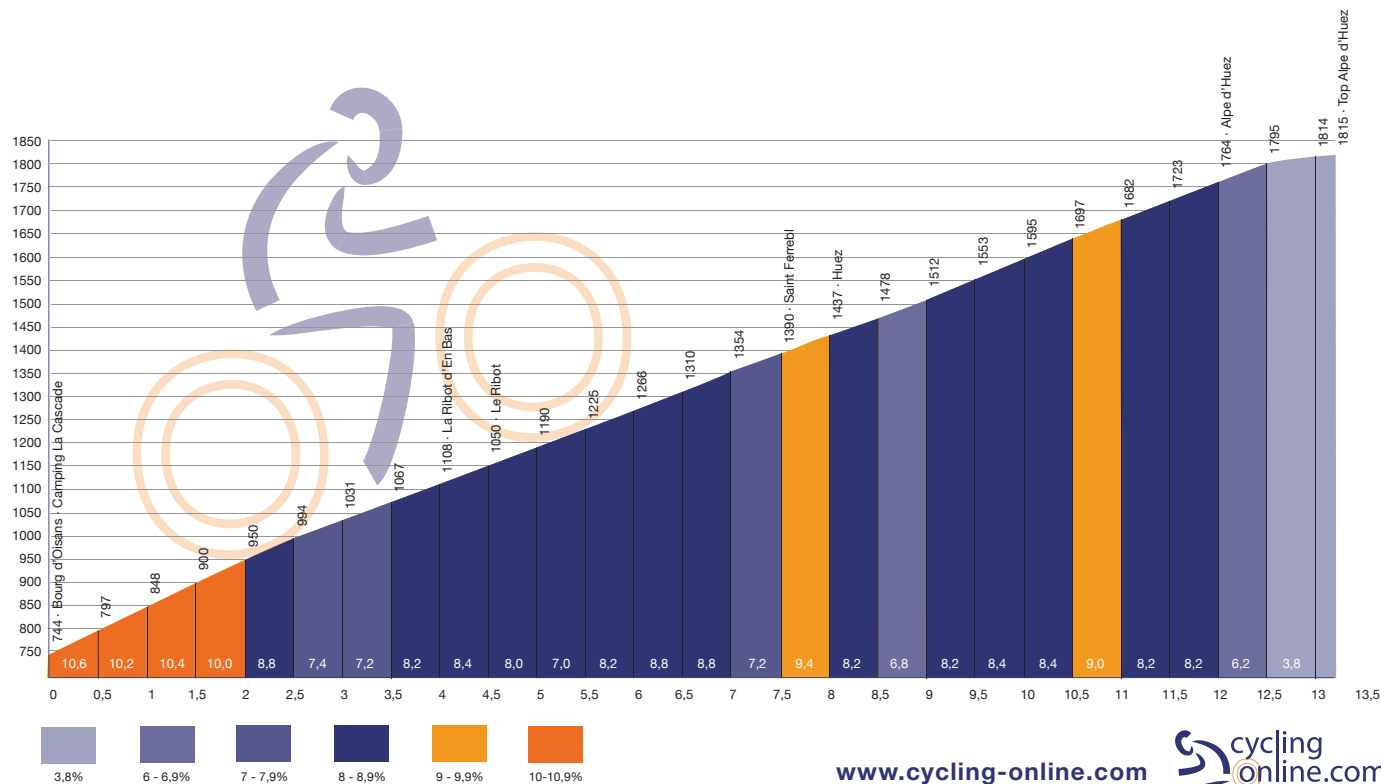
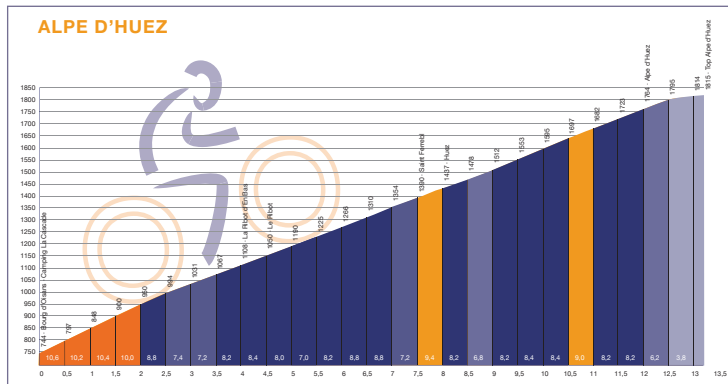
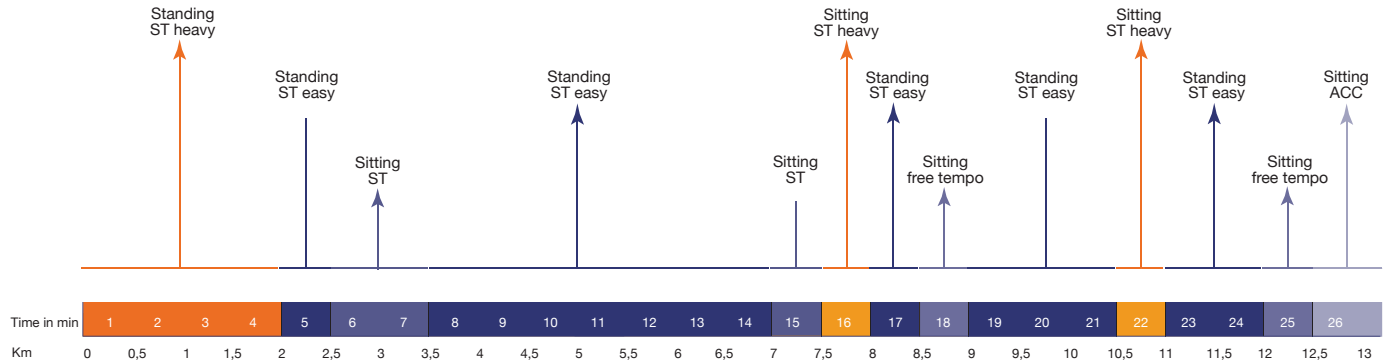
An aerial photograph of a mountain trail in a lush green forest. The trail is a light-colored path that winds through the dense trees, showing several sharp turns and a steep descent. The surrounding landscape is covered in vibrant green foliage, with some rocky outcrops visible in the lower right.

Time **26,5 min**
Average: **8.1 %**
Min: **3.8 %**
Max: **10.6 %**
Length: **13.2 km**
Height start: **744 m**
Height top: **1815 m**
Gradient: **1071 m**

ALPE D'HUEZ

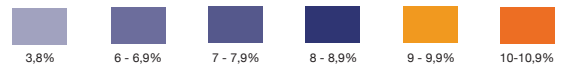


PROGRAM



Definitions:

- ST = Single tempo
- MT = Medium tempo
- DT = Double tempo
- ACC = Acceleration independent of time (no spurt)



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